

# Mole Valley Bowmen Summer 2024 Program

Month	Date	Round
APR	Mon 01	Bank Holiday - Outdoor Shooting at 2pm
	Sun 07	<b>Longbow (noon) &amp; Practice (2pm)</b>
	Mon 08	<b>Portsmouth (last indoors)</b>
	Sun 14	Practice
	Mon 15	<b>First evening outdoors</b>
	Thu 18	Outdoor shooting
	Sun 21	<b>BC (wk 1) &amp; Club Target Day</b>
	Mon 22	Practice
	Thu 25	Club Target Day
	Sun 28	<b>BC (wk 2) &amp; Club Target Day</b>
	Mon 29	Practice

Month	Date	Round
MAY	Thu 02	Club Target Day
	Sun 05	<b>BC (wk 3) &amp; Club Target Day</b>
	Mon 06	<b>50th Birthday Cake Shoot (12:30)</b>
	Thu 09	Club Target Day
	Sun 12	<b>BC (wk 4) &amp; Short Metric Postal</b>
	Mon 13	Practice
	Thu 16	Club Target Day
	Sun 19	<b>BC (wk 5) &amp; Nationals (Club Comp)</b>
	Mon 20	Practice
	Thu 23	Club Target Day
	Sun 26	<b>Improvers (11:30) &amp; Club Target Day</b>
	Mon 27	Bank Holiday - Outdoor Shooting at 2pm
Thu 30	Club Target Day	

Month	Date	Round
JUN	Sun 02	Club Target Day
	Mon 03	Practice
	Thu 06	Club Target Day
	Sun 09	<b>Short Metric Postal</b>
	Mon 10	Practice
	Thu 13	Club Target Day
	Sun 16	<b>Nationals (Club Comp)</b>
	Mon 17	Practice
	Thu 20	Club Target Day
	Sun 23	<b>Lost Arrows Shoot with BBQ (12pm)</b>
	Mon 24	Practice
Thu 27	Club Target Day	
Sun 30	<b>Improvers (11:30) &amp; Club Target Day</b>	

Month	Date	Round
JUL	Mon 01	Practice
	Thu 04	Club Target Day
	Sun 07	<b>Myths and Legends Fun Shoot (12:30)</b>
	Mon 08	Practice
	Thu 11	Club Target Day
	Sun 14	<b>Short Metric Postal</b>
	Mon 15	Practice
	Thu 18	Club Target Day
	Sun 21	<b>Nationals (Club Comp)</b>
	Mon 22	Practice
	Thu 25	Club Target Day
Sun 28	<b>Improvers (11:30) &amp; Club Target Day</b>	
Mon 29	Club Target Day	

Month	Date	Round
AUG	Thu 01	Club Target Day
	Sun 04	<b>Moleympics (12pm)</b>
	Mon 05	Practice
	Thu 08	Club Target Day
	Sun 11	<b>Short Metric Postal</b>
	Mon 12	Practice
	Thu 15	Club Target Day
	Sun 18	<b>Nationals (Club Comp)</b>
	Mon 19	Practice
	Thu 22	Club Target Day
	Sun 25	<b>Improvers (11:30) &amp; Club Target Day</b>
Mon 26	Bank Holiday - Outdoor Shooting at 2pm	
Thu 29	Club Target Day	

Month	Date	Round
SEP	Sun 01	<b>No shooting at St Martins &amp; Away match</b>
	Mon 02	Practice
	Thu 05	Club Target Day (last evening outdoors)
	Sun 08	<b>Club Championships (12:30)</b>
	Mon 09	Start Indoor Shooting
	Sun 15	<b>BC (wk 1) &amp; Short Metric Postal</b>
	Mon 16	Indoor Shooting
	Sun 22	<b>BC (wk 2) &amp; Club Target Day</b>
Mon 23	Indoor Shooting	
Sun 29	<b>BC (wk 3) &amp; Club Target Day</b>	

## Key

Short Metric (Postal and Club Comp)
Improvers
Beginners Course (BC)
Nationals (Club Comp)
Event

## **Shooting times**

Shooting is from 2pm on a Sunday and from 6pm on Monday and Thursday evenings unless stated otherwise. Please try to be there if possible to help set up the field.

**Easter Sunday** is **NOT** a shooting day, but we do shoot on all Bank Holiday Mondays – Easter, May and August - as if they are Sunday, that is from 2pm, and not in the evening.

## **Events at St Martin's**

### **Bank Holiday Monday 6<sup>th</sup> May – 50<sup>th</sup> Birthday Cake Shoot**

To celebrate the club's 50<sup>th</sup> birthday we will shoot National rounds (all distances available). Please bring a cake if you'd like to enter the cake competition. There will be a prize for the best cake (and best shooting) 😊

### **Sunday 23<sup>rd</sup> June - The Lost Arrows Shoot and BBQ.**

A club tournament to remember and celebrate the shooting lives of past members. The round will be "handicapped" so that all club members can shoot against each other on equal terms. Afterwards we will have a BBQ to which your families will be welcome. Please be there from noon so that we can be ready to start shooting at 1pm. The BBQ will be around 5pm or soon after. The club provides the meat for the BBQ but please sign up to bring a salad or pudding. The whiteboard will have details nearer the time.

### **Saturday 6<sup>th</sup> July – School Fair (times tbc but circa 11am to 4pm for a noon start)**

Run by the School's PTA, we are a 'have-a-go' attraction that supports both the club and the school. We will usually need 5-8 individuals to help guide the budding archers, collect arrows, managed the queue etc. Further details later.

### **Sunday 7<sup>th</sup> July – Myths and Legends Fun Shoot**

Another event to celebrate the club's 50<sup>th</sup> birthday. Cameron is organising, so it will be imaginative and fun 😊. Details tbc.

### **Sunday 4<sup>th</sup> August – Moleympics**

It has been a while since our last Moleympics, but for those who did not experience the last one – this is your chance to have a go at shooting a head-to-head team format like the Olympics! It is open to everyone, and we will be shooting at a distance that everyone can manage.

### **Sunday 1<sup>st</sup> September – No shooting at St Martins School**

The field is unavailable due a football tournament, so there will be no shooting at St Martins, but a friendly match against Atkins archery club has been arranged. Details to follow.

### **Sunday 8<sup>th</sup> September – Club Championships and AGM**

The official end to the outdoor season. There are both 'scratch' and handicap trophies to be won so all are encouraged to compete. The AGM will be at 5:30pm with tea and cake afterwards.

## **Club Competitions & Postal Competitions**

During the summer we run two internal competitions and take part in a postal (virtual) competition.

The Postal competitions are shot on fixed afternoons from May to September – shown in blue – and are a Short Metric round (3 doz @ 50m and 3 doz @ 30m, 80cm face).

The club National and Metric competitions will run over 4 months May to August. To take part just submit one score per month for either or both competitions as you wish. How many attempts you make and on what dates does not matter just submit all your scores to Cameron (records officer), either in person or put them in the rack in the container, and the best scores each month will be used for the competitions. Your best 3 scores across the 4 months will count towards your overall total. There are separate trophies for ladies and gents. The competitions are open to all bow styles and are judged on a handicap basis, so that everyone competes on an equal basis.

There are a few rules:

1. Only scores shot at St Martins can be included.
2. For the National competition the round shot must be one of the "National" rounds shown below and it must be shot on a session shown as Nationals or Club Target Day.
3. For the Metric competition the round shot must be one of the 6 dozen "Metric" rounds shown below and must be shot on a session shown as Short Metric Postal or Club Target Day.
4. As the competitions are judged on a handicap basis, new archers without a current handicap will need to submit three scores (any recognised round) to gain a handicap before scores will be counted for the competition.

### Rounds

The 'National' rounds consist of 6 dozen arrows shot as 4 dozen at the longer distance and 2 dozen at the shorter distance as below. Scoring is 5 zone i.e. 9,7,5,3,1. The 'Metric' rounds also consist of 6 dozen arrows but either shot as 3 dozen at each distance (Long Metric and Short Metric rounds) or 6 dozen arrows at one distance (WA 70m, WA 60m, Metric 122 and Metric 80 rounds). Scoring is 10 zone i.e. 10, 9, 8 down to 1, with the inner 10 ring scored as 'X' (but for adding up purposes is 10). See the round tables at the end for details on rounds.

## **Improver Sessions**

These are held on the last Sunday of most months: 11:30am setup.

## **Mud**

Not so much of an issue in the summer months but please scrape your boots as you leave the field.

## **Lost Arrows**

Lost Arrows are not allowed. All arrows must be found since we are using a school playing field. However, if after all efforts have been made no arrow has been found, please notify both the School and the Club Secretary as we must minute these instances for insurance purposes. We need to know roughly where it was lost and have a description of the arrow (e.g., type, length, fletching colour etc.). Blank forms for this are in the container and copy should be dropped through the door of the school and a copy sent to mvb.sec@gmail.com. Please also let us know if it is found later.

## **Rounds**

The handicap and classification systems were updated at the start of 2023. More information and the new handicap and classification tables can be found here:

<https://archerygb.org/clubs/outdoor-classifications-and-handicaps>

A round is simply the name given to a set number of arrows shot at different distances, some based on yards and 9-7-5-3-1 scoring – Imperial Rounds, some based on meters and 10 zone scoring – Metric rounds. There is a list of rounds below.

Want to know more or ready to start scoring? Have a word with Cameron or any of the committee members:

Louise Colville (Chair)  
Ian Stewart (Secretary and Welfare Officer)  
James Suckling (Treasurer)  
Jennie Cochrane (Deputy Welfare Officer)  
Cameron Stewart

Paul Day  
Glenda Watson  
Bob Barley  
John Merralls

## Imperial Rounds

		122cm Face, Distances in Yards						
Distance	100	80	60	50	40	30	20	10
York	6	4	2					
Bristol I		6	4	2				
Bristol II			6	4	2			
Bristol III				6	4	2		
Bristol IV					6	4	2	
Bristol V						6	4	2
St. George	3	3	3					
Long Windsor		3	3	3				
Windsor			3	3	3			
Windsor 50				3	3	3		
Windsor 40					3	3	3	
Windsor 30						3	3	3
New Western	4	4						
Long Western		4	4					
Western			4	4				
Western 50				4	4			
Western 40					4	4		
Western 30						4	4	
American			2.5	2.5	2.5			
St. Nicholas					4	3		
New National	4	2						
Long National		4	2					
National			4	2				
National 50				4	2			
National 40					4	2		
National 30						4	2	
New Warwick	2	2						
Long Warwick		2	2					
Warwick			2	2				
Warwick 50				2	2			
Warwick 40					2	2		
Warwick 30						2	2	

## Metric Rounds

		Dozens of arrows at each distance							
		122cm Face				80cm Face			
Distance	90	70	60	50	40	30	20	15	10
WA 1440 (90m)	3	3		3		3			
WA 1440 (70m)		3	3	3		3			
Metric II			3	3	3	3			
Metric III				3	3	3	3		
Metric IV					3	3	3		3
Metric V						3	3	3	3
Long Metric (Men)	3	3							
Long Metric I		3	3						
Long Metric II			3	3					
Long Metric III				3	3				
Long Metric IV					3	3			
Long Metric V						3	3		
Short Metric				3		3			
Short Metric II					3	3			
Short Metric III						3	3		
Short Metric IV							3		3
Short Metric V								3	3
WA Standard Bow				3		3			
WA 900			2.5	2.5	2.5				
WA 70m	6								
WA 60m			6						
Metric 122-50				6					
Metric 122-40					6				
Metric 122-30						6			
WA 50m (80cm)				6					
Metric 80-40					6				
Metric 80-30						6			